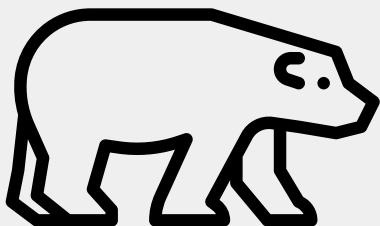


# Main Menu

## Nibbles

<b>Mixed marinated olives</b>	<b>4</b>
<b>Warm ciabatta bread &amp; butter</b>	<b>4</b>
<b>Salt &amp; pepper whitebait</b>	<b>6</b>



## Starters

<b>Chicken liver pate</b>	<b>9</b>
Smooth chicken liver pate, served with Suffolk chutney and toasted Ciabatta.	
<b>Soup of the week</b>	<b>8</b>
Made with seasonal vegetables (VG)	
<b>Spiced crab cakes</b>	<b>9</b>
With fresh lime & sweet chilli sauce.	
<b>Baked goats' cheese</b>	<b>9</b>
With onion marmalade & walnuts.	



# Main Menu

## Mains

**Smoked haddock & mozzarella fish cake** £ 17  
*Thick cut chips & garden peas.*

**Chicken supreme** £ 19  
*Fondant potato & chestnut mushroom sauce.*

**8oz sirloin steak & green peppercorn sauce** £ 29  
*Mushroom, tomato, thick cut chips and onion rings.*

**Primavera pesto penne pasta (GF VG)** £ 16  
*Seasonal vegetables & sun-dried tomatoes.*

**Beer battered haddock** £ 18  
*Thick cut chips, peas & tartare.*

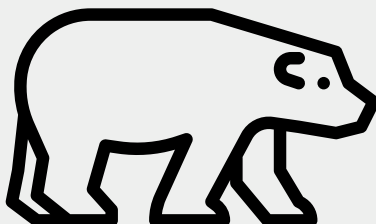
**Local pork & apple sausages** £ 16  
*Mash, garden peas and gravy.*

**Bear pie of the week** £ 17  
*Chive mash, garden peas & onion marmalade gravy*

**Daily Specials Mains (Please ask for availability)**  
**Gammon & fresh pineapple** £ 19  
*Thick cut chips, tomato, mushroom & onion rings.*

**Pan fried seabass** £ 22  
*Caper & garlic butter, fondant potato & spinach.*

**Butternut, lentil & almond wellington** £ 19  
*Fondant potato & rich onion marmalade gravy.*



# Main Menu

## Desserts

**Caramel chocolate brownie (VG) £ 9**

*Vanilla ice-cream & raspberries.*

**Sticky toffee pudding £ 9**

*Vanilla ice-cream & strawberries.*

**Mango & coconut cheesecake (GF VG) £ 9**

*Mango coli's & vanilla ice-cream.*

## The Bear Street Food

### Steet Food Buckets

**Spicy BBQ chicken strips £ 15**

*Fries, Bear slaw & garlic mayo.*

**Moroccan-spiced falafel (VG) £ 15**

*Fries, Bear slaw & sweet chilli mayo.*

**Curry cod bites £ 15**

*Fries, Bear slaw & tartare sauce.*

### Street Food Sides

**Bear loaded fries £ 9**

**Skin on fries £ 5**

**Cheese fries £ 6**

### Loaded Ciabatta subs

**Crisp & spicy BBQ chicken strips £ 10**

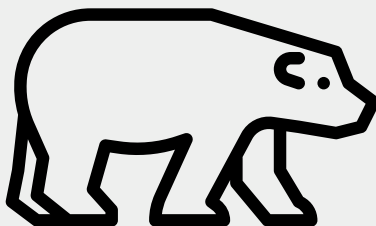
*Bear slaw & fries.*

**Curry cod bites & tartare £ 10**

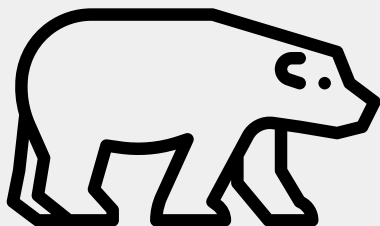
*Bear slaw & fries.*

**Moroccan falafel & sweet chilli sauce (VG) £ 10**

*Bear slaw & fries.*



# Bear & Bells Wine list



## White

	<b>175ml</b>	<b>250ml</b>	<b>Bottle</b>
<b>R&amp;R Chilean Sauvignon Blanc</b>	£5.70	£7.50	£22.00
<b>R&amp;R Pinot Grigio</b>	£5.70	£7.50	£22.00
<b>Kraal Bay Chenin Blanc</b>			£24.00
<b>The Cloud Factory Sauvignon Blanc</b>			£26.00

## Red

	<b>175ml</b>	<b>250ml</b>	<b>Bottle</b>
<b>R&amp;R Merlot</b>	£5.70	£7.50	£22.00
<b>Kraal Bay Shiraz 2022</b>			£24.00
<b>Bacca Nera Negroamoro Primitivo 2021</b>			£24.00
<b>La Vaca Gorda Malbec 2022</b>			£26.00
<b>Cerro Anon Rioja 2019</b>			£28.00

## Rose

	<b>175ml</b>	<b>250ml</b>	<b>Bottle</b>
<b>R&amp;R White Zinfandel</b>	£5.70	£7.50	£22.00
<b>R&amp;R Pinot Grigio Blush</b>	£5.70	£7.50	£22.00

## Sparkling and Champagne

	<b>Bottle</b>
<b>Champagne HENRIOT Brut Souverain</b>	£52.00
<b>Vispro Allegro Prosecco (200ml)</b>	£7.50
<b>Vispro Allegro Prosecco (750ml)</b>	£28.00

